

# CLIPPINGS

A monthly newsletter for members of the Garden Club at Palm Coast

## PRESIDENT'S MESSAGE

### Celebrating Milestones & Building Our Legacy

Dear members,

Our 2022 – 2023 season was truly spectacular thanks to your dedication, hard work, and commitment. Our love of gardening and our mission to give back to our Palm Coast community brought us together and forged life-long friendships.

As we look forward to our new year, we should pause briefly to celebrate our many achievements. During the 2022 – 2023 calendar year, we increased our membership to over 200 members! The Garden Club at Palm Coast was awarded first place for the Nell Coe award; an award designed by the Florida Federation of Garden Clubs' President during her 2-year tenure. We now have the opportunity to apply for the new Nell Coe award that our new president Tina Tuttle has put forward. The Club hosted the District VI Spring meeting, established a junior garden club at two elementary schools, planted a memorial tree for members who passed away the previous year, participated in the city's Arbor Day and Fall Craft Festival, and held several fundraisers like Treasures in the Attic, plant sales, and the Spring Festival.

This year marks the 49th anniversary of the Garden Club at Palm Coast. We will continue to nurture and build the legacy of our visionary founding members who came together in 1975 to form our club. As our Palm Coast community and our club continue to grow, we will continue our mission "to aid in the protection and conservation of plants, birds, trees, air, and water; to stimulate a knowledge and love of horticulture and floral design; to educate members to participate in environmental affairs and to encourage civic pride."



As we all look forward and prepare for the new year, let us not forget that true wealth should always be measured in terms of friendships and the satisfaction of helping others enjoy gardening.

Let us continue to build life-long friendships and enjoy each other's stories, talents, and contributions. Let us continue to carve a trail that will blossom for generations to come. Happy Gardening!

Denise Garcia

*"Housework is for people who do not know how to garden" Anonymous.*

*"A weed is a flower once you get to know it" Anonymous.*

## FIRST MEETING - SEPTEMBER 11

The first meeting of the 2023-2024 club year is September 11, 2023 at the VFW Post 8696, 47 Old Kings Rd North, Palm Coast. Each member is encouraged to buy lunch at the VFW as the facility charge is waived if enough food is sold. The doors open at 11:30 for lunch and fellowship. The club meeting starts at 1 pm. There will be a plant sale in the pavilion prior to the meeting. Committee's will have tables to share information about the club. Look for a committee where you might be able to volunteer. The speaker will be Carol Mini, Palm Coast Urban Forester.

### YEARBOOK

Pick up your yearbook at  
the first club meeting

### MEMBERSHIP

Ellen Werner



Welcome new members and returning members. Our current membership is 161.

Please welcome new members:

Fran Corcoran

Catherine Giddens

George Hanns

Barbara Miller

Patricia Morrell

Theresa Northway

Diane Stash

We hope everyone enjoys being a member of The Garden Club at Palm Coast and gets involved with a committee of their choice.

# SUNSHINE REPORT

Since the last newsletter, the following cards were sent:

## June:

Thinking of you cards:

Bob Griffin

Connie March

Mary Jablonski

Lucy Davis

Susan McConnell

Thomas & Kathy McKean

Jane Howells

Condolence Cards sent to:

Tina Tuttle, our FFGC President. On the passing of her Husband

Get well card sent to Sue Bara, who fell and broke her knee cap.



## July

Thinking of you, cards sent to: Connie March

Mary Jablonski

Susan McConnell

Sue Bara

Get well cards to:

Mazie Barton

Dorothy Himmelstein

Condolence card sent to family of Lucy Davis on her passing.

## August

Thinking of you, cards sent to: Connie March, Mary Jablonski, Susan McConnell, Sue Bara

If you know of anyone who is sick, or is in need of an uplifting card please email [janetrfonseca@outlook.com](mailto:janetrfonseca@outlook.com) or call 347-673-3458

# AWESOME MEMBER



Ellen Werner has made a \$500 donation to the Scholarship fund in memory of Barney Spurlock Jr. and Donal March.

# FLORIDA CLUB ARBOR DAY 2023

**MAY 12, 2023**

Nancy Landoli and Kathleen Fuss

The club arbor day ceremony took place on Friday, May 12, 2023 at Linear Park, 31 Greenway Ct., Palm Coast, FL 32137.

A Redbud tree was planted by the Garden Club at Palm Coast, Inc. and the City of Palm Coast, in MEMORY of our Deceased members :

- Linda Thiele (January 13, 2022) husband Wayne present
- Norma Rizzo (January 22, 2022) daughter Megan present with her husband, daughter and son
- Donal March (October 26, 2022) wife Connie and daughter Donna present

Denise Garcia, President of The Garden Club at Palm Coast, introduced Ellen Warner to lead the Pledge of Allegiance.

Kathleen Fuss, Arbor Day Chair and organizer, gave opening remarks and announced the following speakers:

Chaplain Dom Scardigno gave the invocation. James Hirst, City of Palm Coast Parks and Recreation Director, represented the City.

Family members and friends shared their fond memories of their loved ones.

A special thank you was given to the city staff and Parks and Recreation for their help with planting the tree, mulch cover and the memorial Plaque.



# SCHOLARSHIPS - SUMMER 2023

The Garden Club at Palm Coast Scholarship Committee's Community Financial Assistance Program awarded Hammock Gardens Nursery up to \$1,950.00 to support their 2023 Summer Kids Program. Five Flagler County kids, ages 7-12 years attended the program which was held at Hammock Gardens Nursery from June 26th through June 30th.

Janine, owner of Hammock Gardens Nursery, stated, "the kids loved the camp in spite of the heat". The students toured the gardens as they learned about the flowers and plants that attract hummingbirds and butterflies. Projects were created using paint, collage material and watercolor; they also learned 3-D sculptural art. Students planted their own container gardens that gave hummers and butterflies lots of food to feast on!! It was a great camp for the kids. Hammock Gardens Nursery is located at 5208 N. Oceanshore Blvd., Palm Coast, FL 32137 (386)446-9154,



# SELECTION OF THE MONTH

SEPTEMBER 2023

Nancy Iandoli Selection of the Month Committee



**Luisa and Faustino Rosas of New Leatherwood Drive have been recognized as September 2023, Selection of the Month by The Garden Club at Palm Coast.**

Originally from Baja, Mexico, they were living in San Jose, California and then moved to Palm Coast six and a half years ago. Luisa's grandmother and mother were gardeners. Luisa designed her entire landscape and brought a lot of her plants and beautifully decorated pots from California.

Located on a corner lot you see so much beauty and color all around such as five types of Miami supreme gardenias, California gold bougainvillea, iceberg roses, Miss Francis crape myrtle (lipstick red), bottlebrush tree, bird of paradise, yellow azalea, bleeding hearts, glory bower, plumeria and so much more.

The front entry way leads you into a large, beautiful courtyard showcasing orchids, cactus, various begonias, bromeliads, water fountain, geraniums, crotons, red and pink mandevillas, various palm trees, and different kinds of ferns used in arrangements.

In the back fenced in area she has many fruit trees: figs, lemons, limes, oranges, guava, papayas, olive bush, dwarf avocados, alfalfa, Japanese persimmon, hot and sweet banana peppers, several herbs: chives, parsley, cilantro, bay leaf, lemon and German thyme, rosemary, oregano and three kinds of mint.

# GIRLS SOFTBALL SPONSOR

The Garden Club at Palm Coast is sponsoring a girls softball team, **The Palm Coast Patriots**. They just got new uniforms and our logo will be included on their uniform. They are currently a team of 11 girls all of which grew up playing little league in Palm Coast. For the last 6 months the girls have been playing as the Flagler Enforcers under PAL. They have played 6 tournaments; winning one in Jacksonville and 4 runner up finishes. The girls have big dreams of playing all over the southeast United States so 3 parents created their own non-profit, The Palm Coast Patriots. They are kicking off the season with 12 tournaments this year ranging from Florida up into Georgia. The team focuses on having the best players, not players with the most money. They want to make sure every girl with talent can play regardless of her financial status which is why they have reached out to local businesses to help support the teams.

## THE PATRIOTS SOFTBALL SCHEDULE

### Remaining game schedule:

- September 2: Jacksonville
- September 23 & 24: Jessup, Georgia
- October 14: Jacksonville, Florida
- October 28 & 29: Apopka
- November 4 & 5: Apopka Florida
- November 11 & 12: Clermont
- December 2 & 3: Ocala
- December 16: Jacksonville



SHARON SMITH



## PERMACULTURE

Permaculture is a method of gardening that takes its cues from nature to enhance and improve the land by optimizing what nature has provided. The goal is a self-maintained habitat by making maximum use of sun, shade, water resources, and wildlife, with modifications and improvements creating a flourishing natural ecosystem.

In 1929, Joseph Russell Smith wrote about his concerns regarding clear cutting and the resulting erosion in the eastern hills and mountains of the US. In the 1960s Bill Mollison wrote: “Permaculture is a philosophy of working with, rather than against nature; of protracted and thoughtful observation rather than protracted and thoughtless labor; and of looking at plants and animals in all their functions, rather than treating any area as a single product system”.

To create a successful permaculture, landscape layers are needed. These layers are trees, understory, ground cover, soil, fungi, insects and animals. Guilds are another component of permaculture. Guilds serve to deal with specific problems. Some guilds could function by attracting beneficial insects, others can serve as windbreaks to prevent injury to the landscape.

Each permaculture will look very different. It depends on your locale and environmental factors. It is also based on three ethical building blocks: 1) Care of the earth 2) Care of people 3) Setting limits to population and consumption. David Holgren added 12 principles These will be addressed in future articles on permaculture.

If this sounds interesting, there are many websites with information as well as Youtube videos. This overview is based on a Wikipedia article. In the next newsletter I will explain the 12 design principles utilized for designing a permaculture garden.





SHARON SMITH

## REID FARM, DELAND



**Reid Farm**, in Deland Florida, is a local example of permaculture. The farm is 2 acres and over several years has been converted to a food forest. There are hundreds of fruit trees. For example there are 25 varieties of banana trees. There are multiple varieties of bamboo to provide a break from the wind and shades the south side of the garden. Marigolds and other plants are grown to discourage insect activity.

The farm is open to visitors on Friday, Saturday and Sunday. On the last Sunday of the month, there is a class on creating a food forest through permaculture. This includes a garden tour, tasting of produce, and a chance to buy trees and plants from the retail nursery.

Lonny is very passionate about this form of gardening, and has a wealth of knowledge, much obtained by trial and error. The class was attended by 8 people, and lasted 2 hours. There was plenty of time to ask questions and get a good feel for how a yard could be converted to a food forest over time. The transition seems so simple and straightforward, but the reality is it requires thoughtful planning and attention to sun patterns and the terrain. I asked Lonny to add a few words on his mission and vision regarding starting a food forest, and this is his statement.



“ Helping people grow food is what makes my heart happy. I feel that healthy organic food should be available to everyone and my goal is to empower people to take back their independence and escape a broken and outrageously expensive food supply by growing climate appropriate, perennial vegetables and fruits”.

Visiting the Reid farm is a joyful inspiring experience. There is a website and a facebook page if you want more information.

<https://thereidfarm.com>

Margie Brady

**Rymfire Elementary** in Palm Coast needed help to continue their current butterfly garden. The school is dedicated to this butterfly project and uses the garden for school tours to teach other pupils why butterflies are so important.

The Junior Garden club at Palm Coast has worked hard this past school year to restore and enhance the butterfly garden previously started at Rymfire as a school project. This garden is for all the students and staff at Rymfire. It was designed as a peaceful place to come and be part of nature.

The garden has a variety of host plants where butterflies lay their eggs. nectar plants which provide food for the butterflies and native plants. For thousands of years butterflies have sipped nectar from Florida's wildflowers and laid their eggs on selected plant species.

**Belle Terre Elementary** in Palm Coast needed help with starting a vegetable garden, to coordinate with their already successful hydroponic garden. In addition, they wanted a small butterfly garden and small cactus and succulent garden. We have access to an indoor science lab so we will be starting many plants from seeds. One of our fabulous volunteers, Kenetha, says that being new to Florida, she thought it would be fun to learn about how things grow along with the kids. Kids have a way of looking at things with a different perspective and she is sure they will teach her. She added that it is important that they know where their food comes from and how to get it from garden to table. The vegetable garden was very successful. Butterflies came to the garden and the children loved being outdoors. They got to eat carrots, potatoes, tomatoes, greens, and herbs.

If you can volunteer for either project, please contact Margie Brady.

If you would like to donate to our club mention it's for Junior Garden Club and send check made out to The Garden Club at Palm Coast, P.O. Box 352153, Palm Coast, FL 32135-2153. Any donations are greatly appreciated.



# GARDEN CLUB AT PALM COAST EVENTS & FUNDRAISERS

On going fundraiser at **Texas Roadhouse in Palm Coast**: Next is September 16th 11-5 pm. See TX Roadhouse Fundraiser below for the complete schedule.

**September 16, 2023**: The African American Cultural Society "Open House" 2:00 pm-6:00 pm

**October 28, 2023**: Palm Coast Historical Society & Museum "Founders Day Food Truck Festival", 11:00 am-2:00 pm. We will have three tents set up at this event: Membership, Arranger's guild, Propagation Guild.

**November 12, 2023**: Palm Coast Art Festival, Town Center, 11:00 am-3:00 pm. Showcasing the club, Flower show, Creative Team and Propagation Guild.

**November 16,17 & 18**: Flower Show, Shepard of the Coast Lutheran Church

**November 15 to January 9th**: Library Christmas Tree, Palm Coast Library

**February 21, 2024**: Fashion Show at Chez Jacqueline in Palm Coast

**March 7, 8 & 9 2024**: Treasures in the Attic Sale

**April 6, 2024**: Spring Festival and Plant Sale

**May 4th (city) & May 10th (club) 2024**: Club and City Arbor Day

**June 4-10, 2024**: National Garden Clubs Library Display



\*mention this fundraiser to your server to get 10% of your check donated back to your organization\*

## GCPC Upcoming Fundraisers:

September 16th, Saturday 11-5pm

October 20th, Friday 11-5pm

November 14th, Tuesday 2-8pm

December 12th, Tuesday 2-8pm

January 9th, Tuesday 2-8pm

February 13th, Tuesday 2-8pm

March 12th, Tuesday 2-8pm

April 9th, Tuesday 2-8pm

May 14th, Tuesday 2-8pm

# DISTRICT VI FALL MEETING



[Click here for a registration form for the District meeting](#)

# THE GARDEN CLUB AT PALM COAST NGC FLOWER SHOW

The Garden Club is hosting a NGC Small-Standard Flower Show November 17-18, 2023 at The Shepherd of the Coast Lutheran Church, 101 Pine Lakes Parkway, Palm Coast. It is free and open to the public. Hours: Friday 12:00 pm to 4:00 pm and Saturday 9:00 am to 3:00 pm. The purpose of the flower show is to educate and stimulate interest in horticulture and floral design.

There will be four divisions: floral design, horticulture, education and youth exhibits. Entries for the Floral Design and Horticulture Divisions are open to all members of National Garden Clubs, Inc, Florida Federation of Garden Clubs, Inc., and Deep South Garden Clubs, Inc. For more information such as the flower show schedule, all the rules on entering designs and/or horticulture specimens go to our homepage at <https://gardenclubatpalmcoast.org> All entries will be judged by National Garden Club accredited judges.

**If you are looking for inspiration, this show is the place!**



## HORTICULTURE WORKSHOP SERIES AT THE PALM COAST COMMUNITY CENTER

The new Horticulture workshop Series is posted on the City's Parks and Recreation Department website ([palmcoast.gov/parks-and-recreation](http://palmcoast.gov/parks-and-recreation)) with a wonderful selection of gardening courses. Each course is \$10. This year every month there is a Tuesday evening course from 6:30 – 7:30 pm. All courses are presented by Flagler County Extension Service Master Gardeners. To sign up go to the above website under Senior or Adult Activities.

August 22 6:30-7:30 pm **"Florida Gardening for New Residents"**; August 25 10-11 am

Sept. 26 6:30-7:30 pm **"Beachside Gardening"**; Sept. 29 10-11 am

Oct. 24 6:30-7:30 pm **"Fall/Winter Edible Gardening"**; Oct. 27 10-11 am

Nov. 28 6:30-7:30 pm **"Seed Saving"**; Dec. 1 10-11 am

Dec. 12 6:30-7:30 pm **"Pruning"**; Dec. 15 10-11 am



# COURSE OFFERED BY THE FLAGLER COUNTY EXTENSION SERVICE

Florida 101 is an introduction to Florida designed for both new and seasoned residents to Flagler County and the surrounding area. Anyone who is interested in learning about the ecology of Florida and how to best take advantage of our unique climate, flora, and fauna.

This four-week course will cover topics including: Florida weather and ecosystems, beach dynamics, identification of interesting native organisms and potential pests, what kinds of plants will grow best in your Florida yard, and how to be a responsible Florida resident. The course will wrap up with a field trip to Princess Place Preserve with a guided ecology walk and tour of the historic lodge.

This course will meet for four consecutive Tuesdays: September 26, October 3, 10, and 17. Participants are expected to attend all four days. The first three classes will take place from 9-11 at the UF/IFAS Extension Office in Bunnell. The final week will take place at Princess Place Preserve from 9 am – noon.

## Course schedule:

Tuesday, September 26: Coastal Living

Tuesday, October 3: Florida Habitats and Species

Tuesday, October 10: Florida Homeowners and Yards

All of the above will be held 9am-11am at UF/IFAS Extension, Flagler County)

Tuesday, October 17: Ecology and History of Princess Place Preserve (9am-12pm, Princess Place Preserve)



The course has a fee of \$40 per person. Contact Carolyn Kovacs at (386) 437-7464 or via email at [c.kovacs@ufl.edu](mailto:c.kovacs@ufl.edu) with any questions.

## Plant Clinics at the Flagler County Public Library

On the last Saturday of every month, Flagler County Master Gardeners will hold a plant clinic at the Flagler County Public Library from 9:30-11:30 am. If you have any questions or want to bring a plant sample to have diagnosed for pests or diseases, come and get assistance from knowledgeable gardeners.



## 2023 Landscaping with Florida Natives Tour and Events –

### Tickets are Available!



Date of the Landscaping Tour: Saturday, Oct. 14, 2023 - 9am to 4pm

Tickets available on Eventbrite at the QR code

\$10 before Oct. 9, \$15 Oct. 9 and after, add \$5 for printed brochure

#### Informational Sessions to Get Ready for the Tour:

This year we're adding FREE education opportunities - Eventbrite registration is required! All info sessions are at the Satellite Beach Community Center, 565 Cassia Blvd, Satellite Beach, FL 32937

#### September Sessions

##### Why Native Plants Are Important

Why is WHAT you plant in your landscape important? Here's the science to prove how important your landscape choices are. We'll be sharing a copy of Dr. Doug Tallamy's presentation 'Restoring Nature's Relationships' with amazing nature photography which shows the relationship between plants and wildlife.

Sunday, Sept. 10 from 2pm - 4pm

Tuesday Sept. 12 from 6pm - 8pm

#### October Sessions

Learn how to get started with a native landscape to benefit local wildlife and the Indian River Lagoon

We'll be sharing practical how-to tips on getting started with your native landscape whether big or small including where to purchase native plants, avoiding invasive species, and determining your goals for your piece of paradise.

Sunday, Oct. 8 from 2pm - 4pm

Monday Oct. 9 from 6pm - 8pm

Scan here for all  
events!



We hope to see you there!

# REGROW THE LOOP: INVITING WILDLIFE, POLLINATORS AND BIRDS; OH, MY!



Join us for an informative event about how to help our environment by inviting wildlife, pollinators, and birds into your own backyard. This event will take place on **Saturday, September 09, 2023, at Ormond Beach Regional Library, 30 S Beach Street, Ormond Beach, FL. 9:30 – 10:30 FREE**

If you want to create a thriving habitat for wildlife, pollinators, and birds, this event is for you! You will learn about the importance of native plants, how to attract butterflies and bees, and how to create bird-friendly spaces.

Don't miss this opportunity to meet like-minded people and learn how we can all work together to ReGrow the Loop and make a difference in our own backyards. This event is in person, and we can't wait to see you there!

Ormond Scenic Loop and Trail (OSLT) is a 30+ mile double loop of roadways traversing some of the most beautiful and diverse natural scenery remaining in all of coastal central Florida. There is ready access to the Atlantic Ocean, State, County & City parks, vistas of rivers, creeks and marshes, barrier island dunes and beach, and historic dwellings as well as museums and historic public buildings.





# PLACES TO GO & EVENTS

17

Jane Villa-Lobos

**Sept. 2 First Saturday Creative Bazaar Arts & Crafts.** Palm Coast Arts Foundation, 1500 Central Ave. Town Center. 9-Noon. [palmcoastartsfoundation.com](http://palmcoastartsfoundation.com)

**Sept. 9 Second Saturday Plant Sale at Washington Oaks Gardens State Park,** 6400 N. Oceanshore Blvd. (A1A). 10-2. Park entrance fees apply.

**Sept. 9 Fall Plant Sale Nehrling Gardens,** 2267 Hempel Ave, Gotha. 9-noon. [nehrlinggardens.org](http://nehrlinggardens.org)

**Sept. 26 Beachside Gardening Palm Coast Parks and Recreation Dept.** Horticulture/Workshop Series at the Community, 6:30-7:30 pm. \$10. [palmcoast.gov/parks-and-recreation](http://palmcoast.gov/parks-and-recreation)

**Sept. 29 Beachside Gardening Palm Coast Parks and Recreation Dept.** Horticulture/Workshop Series at the Community, 10-11 am. \$10. [palmcoast.gov/parks-and-recreation](http://palmcoast.gov/parks-and-recreation)

**Sept. 30 Plant Clinic by Master Gardeners,** Flagler County Public Library, 2500 Palm Coast Pkwy. 9:30-11:30 am.

**Sept. 30 Plant City Garden Fest,** Plant City Train Depot, 102 N. Palmer St., Plant City. 9-2.

**Oct. 7 First Saturday Creative Bazaar Arts & Crafts.** Palm Coast Arts Foundation, 1500 Central Ave. Town Center. 9-Noon. [palmcoastartsfoundation.com](http://palmcoastartsfoundation.com)

**Oct. 7-8 Creekside Music, Arts & Food Festival.** Princess Place Preserve, 2500 Princess Place Rd (off Old Kings Rd.), Palm Coast. Sat. 10-6; Sun. 10-4. Admission: \$10 adult, kids under 12 years, free. Over 100 vendors selling arts and crafts, photography exhibitions, top notch bluegrass music, crafts for kids, miniature horse rides, kayak and walking tours, food vendors. <http://www.flaglerbroadcasting.com>

*The Garden Club at Palm Coast is a member of National Garden Clubs (NGC) and Florida Federation of Garden Clubs (FFGC).*