

# Words from our President

### Dear members of The Garden Club at Palm Coast,

By the time you receive this newsletter the Treasures in the Attic's team will be home resting. They have worked so hard all year collecting items for this spectacular sale. Can't wait to find out on Monday how they did. Thank you Susan McConnell and Sue Bara for your continued support of this fundraising event.

The Spring Festival and plant sale will be less than a month away so please take time at the meeting to reach out to one of the festival chairs and sign up to volunteer.

The fundraising team has scheduled a fundraising night at **Texas Roadhouse on March 28, from 5:00 to 8:00** Don't forget to take a flyer to give to your server and print some more if needed. Share it with friends and family.

I am looking forward to the remaining 3 club months of the 2022-23 club year. It is a busy and exciting time of year. See you all on Monday.

Thank you, Team Garden Club at Palm Coast,

Denise Garcia



Meeting Agenda

### Meeting March 13 at VFW

Speaker: Jason Schley Schley's Bonsai & Supplies

Description: How to initially style a young tree for bonsai, it's care and maintenance.

The meeting will be held at the VFW located at 47 N Old Kings Rd, Palm Coast. Doors open at 11:30AM for raffles and socializing. Members can enjoy lunch at the VFW starting at 11:30 (cash only). There will be a plant sale prior to the meeting. The Garden Club meeting begins at 1 pm.





THE OUTPOST At VFW Post 8696



#### 47 Old Kings Rd. North, Palm Coast FL 32137 PH: 386-446-8696

#### The Garden Club at Palm Coast

March 13, 2023

#### Grilled Chicken Caesar Wrap - \$9.50

Tomato or Spinach wrap with crisp Romaine lettuce, grilled chicken freshly grated parmesan- gently tossed in Caesar dressing. With French Fry's

#### Grilled Cheese Sandwich - \$6.00

3 Slices of Cheese, perfectly toasted bread, equally deliciousflavor. Add Bacon \$1.00Add 2 slices Tomato \$.75

#### Chef Salad—Large \$9.00

Hard-boiled egg, a variety of julienned meats (such as Ham and Turkey) Tomatoes, cucumbers, and cheese, all served on a bed of lettuce.

Beverages: Soda or Iced Tea \$1.00 Coffee \$.50

Please text your order by Saturday. Identify the order for GC meeting. Just write what your order is no name needed just GC-ITEM 386-446-9288 FAMILY NIGHT FUNDRAISER SHARE WITH YOUR NEIGHBORS AND FRIENDS COME ON OUT AND SUPPORT OUR CLUB



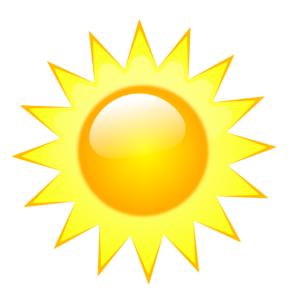




# KID'S ACTIVITIES FOOD TRUCKS

Flagler Palm Coast High School 5500 E. Highway 100

info@gardenclubatpalmcoast.org



**SUNSHINE REPORT** 

Since the last newsletter, the following cards were sent:

Get well to Paula Callaghan recovering from surgery Thinking of you cards to Connie March, Bob Griffin and Mary Jablonski

If you know of anyone who is sick, or is in need of an uplifting card please email <u>janetrfonseca@outlook.com</u> or call 347-673-3458

## Membership

Welcome to new members who joined over this past month:

Marge Calcara Judy Oakes Karen Raphael Loretta Sasso Anne Scharff Diane Shkoditch

Ellen Werner, Membership Chairperson

We hope everyone enjoys being a member of The Garden Club at Palm Coast and gets involved with a committee of their choice.

Happy Gardening!

# Horticulture Spotlight

### **Starting Pollinators with Seeds**

### Sharon Smith

There are several advantages to starting pollinator plants from seeds. The seeds are pesticide free. There is a wider variety of choices. Seeds provide many plants for a few dollars.

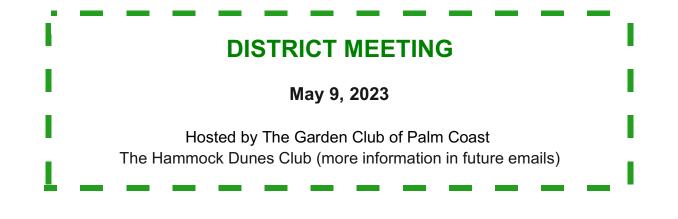
Use a plant tray with small cells or jiffy pots to provide separation of the seeds you plant. If the seeds are very small, using a seed separator helps to control how many seeds get planted for each designated space. A folded piece of paper also works, and using a gentle tap to distribute the seeds onto the planting media. Tiny seeds can be placed on the soil surface and gently pushed down so they are barely buried. Larger seeds are planted under the soil to a depth of twice their size. Water well and place in a warm area with a light source, either a window or plant lights.

Starting the seeds indoors gives you better control over temperature and lighting. Put seedlings in a room you visit daily to remember to keep them well watered and observe for growth or problems.

The seed packet tells you when the seeds will germinate. This means when you can expect to see the first set of leaves. These leaves are primary leaves. The next set of leaves are the secondary leaves and all future leaves will look that way.

If the plants look tall and leggy, increase your light. LED full spectrum plant lights should be a few inches above the plants. If your seedlings are leaning, turn your pots daily or add a plant light. If your seedlings are leggy, try using only the blue lights on the plant light or find an area with more light. Seedlings need at least 12 hours of light. They also need 8 hours of darkness, so do not leave plant lights on all night. Inspect the leaves for burning. This is more likely to occur from sunlight than LED plant lights.

Leave the seedlings in the cell or jiffy pot until there are several sets of secondary leaves before transplanting to a larger pot or into the ground. Handle the top portion and try to not handle the roots. Pollinators like full sun, but you might need to increase the light slowly until they are mature plants. Water frequently for a couple of weeks while they get established.



## **Spring District Meeting Gift Baskets**

**May 9th** our club is hosting the Spring District VI meeting and my Committee Team will be putting together several Gift Baskets to sell raffle tickets at the meeting.

Some ideas are Chocolate Baskets, Game Night, Spa Basket, Coffee/Tea, Wine and Cheese, Wine/Beer, Italian Basket, Snack Basket, Grilling Basket, Golf Basket, Arts/Crafts, Desserts/Baking Basket, Beach Supplies, and, of course, Gardening Baskets.

Please donate any items you can provide me at our monthly meetings or contact me any time and I will pick them up. I will accept your donations until our April meeting. If you prefer to donate cash, I will purchase items needed to complete our lovely baskets! I can also use large baskets or nice containers.

This is a great fund raiser so let's make it our best!

Thank you all.

Nancy Iandoli Gift Basket Chair



# **Propagation Guild Succulent Workshop**

The Propagation Guild held a succulent container workshop on Saturday March 4 for some of the residents of Las Palmas Retirement Community in Palm Coast as part of the club's outreach to the community. Jane Villa-Lobos and six Propagation Guild members assisted 19 residents in making succulent bowls from succulent cuttings. All supplies were provided by the Propagation Guild. Top dressings of small gravel and recycled glass chips, seashells and small pots were added if the resident so desired. It was a fun activity, and another workshop is scheduled for June as space was limited









# **Jr Garden Club Newsletter**

### **Belle Terre Elementary**

The school has granted us a space next to the current garden (approximately 10 X 100) to increase the vegetable garden. I want to start with new fourth graders so they'll be ready for the next school year and get training from the current Jr Garden Club members. Of course, now we need to be able to fund this additional project. The children recently planted potatoes, radishes and lettuce. Wildflowers from a donated seed packet were planted in the butterfly garden. The other week the children picked strawberries, broccoli side shoots and lettuce to take with them for lunch in the cafeteria.

### **Rymfire Elementary**

The weeds are back! Dan from Gospel Gardens helped us out Thursday and came after work. One child said he was a better weeder than all of us combined. It was true. We have started to replant native plants. The zinnia seeds we planted have finally sprouted. 14 monarch chrysalis were found and all have hatched. The children thought it was a treasure hunt. A bluebird has made a nest in the new bird house. One girl said Jr Garden club is great because you meet new friends, have fun and learn about plants. A day at Rymfire is hard work, laughter and learning about butterflies!

Let's Get Dirty" Margie Brady

## THE ARRANGERS' GUILD MEETING

## February 21, 2023

The Arrangers' Guild met on February 21, 2023, for Class 4. At 10:00 a.m., Linda Hensler, Director, called the meeting to order. Linda reminded students of the upcoming Spring Festival on April 8, 2023, at the Palm Coast High school and that the Arrangers' Guild will have a booth to demonstrate floral arrangements which will be for sale as they are completed. Linda also announced that St. Augustine Garden Club is having a Flower Show April 28, 2023, at their Garden Club on Old Moultre Road, off from Route 1. Perhaps members

Today's class was on Table Designs. There are two types: Functional Design - a sit down table setting.

Exhibition Design – a creative design

would like to do a road trip.

Our instructor was Penny Decker, who explained the two designs and created examples of each type.

Items needed:

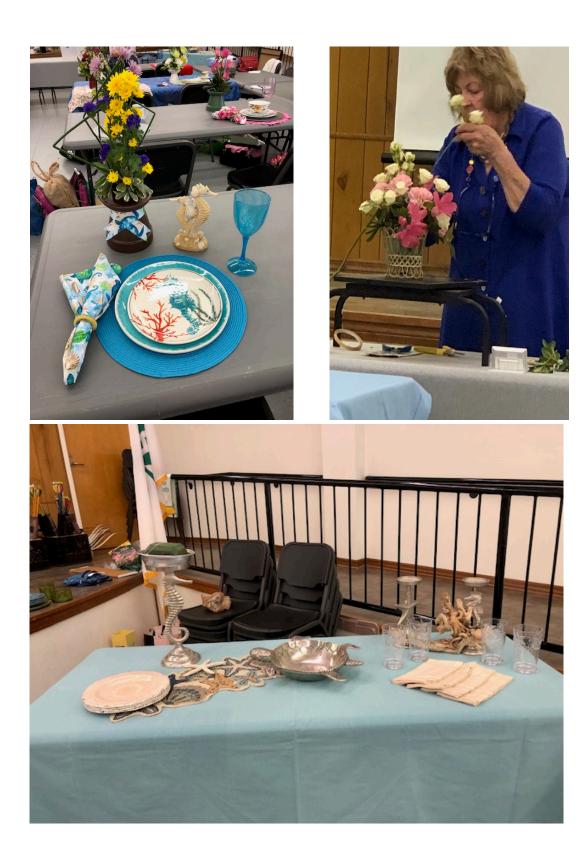
Functional Design: Dinner plate, glassware or cup and saucer, placemat, and a napkin.

Exhibition Design: Table is done for an artistic effect; you need a plate but do not need a napkin. It is to suggest service of food and plant material used as needed for the overall design.

For a Functional Design, napkin goes on the left, knife and spoon on the right and glassware on the top right. When doing table settings, you want contrast. You use two size plates to show depth and you must have a napkin for the functional table. Napkin can be on a plate but not when using a tray with a plate.

For a Buffet table setting of four, you can use a runner that has texture on top of your table cloth and a contrast to each. You must have a serving dish and use tall items to decorate such as: seahorses, starfishes, candle holders, (must use battery light candles in a flower show). You can use accessories to create an interest, however, if you put them in your design, you could take it away and still have a good design.

# Class 5 will be on March 21, 2023, featuring accessories, features and bases, with Instructor Margaret Kirkpatrick.



## **Selection of the Month**



# Gerry and Linda Lakemaker of Frontier Drive have been recognized as March 2023 Selection of the Month by The Garden Club at Palm Coast.

The Lakemakers are originally from Largo and moved to Palm Coast in 2006 when they retired.

Due to the heavy freeze this past January, it was difficult to find a curb appeal landscape. After many hours of scouting Flagler County, I kept driving by this amazing green landscape that had no visible damage from the freeze and they had several azalea bushes flowering.

Their front yard is surrounded with ligustrum hedges which provide shelter for the dark pink azaleas behind them at the front door area that were blooming. In between the ligustrums are two podocarpus, and sable palms surrounded by manicured round schillings. In the front rows of the hedges, they have Boston ferns and liriope which gives the landscape a nice ground cover. There is potted sedum, vincas, aloe and clovers. Not currently blooming in the back yard is a large gardenia tree. There are several flowering azalea hedges, a large bottlebrush tree, plumeria, pineapple, lemon and lime tree, jasmine, and a dwarf bottlebrush in bloom. The lanai area has Hawaiian ti, pink and red cactus in bloom, and a waterfall pond with water lilies and wooden egrets grazing on luscious ferns.

Submitted by Nancy Iandoli Selection of the Month Committee





# **Bicycling With Butterflies**

Would you believe someone bicycled from Central Mexico to Canada and back to track the migratory route of the monarch butterfly? Well, Sara Dykman did, and she chronicled her 10, 201-mile journey in a recent book, "Bicycling With Butterflies". Sara is an amphibian researcher, outdoor educator, adventurer, and winner of the 2021 National Outdoor Book Award.

After her bicycle trip in 2017, she created the Counting Butterflies project which employs stay-at-home moms living near the El Rosario overwintering colony in Michoacan, Mexico as scientists to observe and record streaming monarch butterflies. This project not only gives women in Mexico an opportunity to be scientists, but the results have built a data set that can track the migration timeline and how climate change affects monarch behavior in Mexico.

I am waiting to receive my book and delving into the monarch's journey.



## **Places to Go/ Events**

#### Jane Villa-Lobos

**March 2-July 4** Epcot International Flower and Garden Festival. 100 topiaries, bonsai, butterfly house, vendors, much more. Admission to Epcot. <u>www.disneyworld.com/flower</u>

March 17-18 NGC Small Standard Flower Show, Clermont Garden Club, 849 West Ave., Clermont. March 17: 1-6; March 18: 10-4. FREE.

**March 18 Volusia Plant Faire** Volusia County Fairgrounds, 3100 E. New York Ave., DeLand. 8:30 – noon. Cash and check only.

**March 18 Artists in the Garden** at The Garden Shop at Select Growers, 4391 Highway 11 North, DeLeon Springs, Annual Fundraiser for the Museum of Art – DeLand. 9–3. FREE.

**March 18-19 Annual Spring Garden Festival** at Kanapaha Botanical Gardens, Gainesville. 9 – 5. Admission: \$10 adults; \$5 children (2-13 yrs. old). (Cash only). This is Gainesville's premier horticultural event. The Spring Garden Festival features about 200 booths offering plants, landscape displays, garden accessories, arts and crafts, educational exhibits and food. Also featured are a walk-through butterfly conservatory, children's activities area, live entertainment and auctions, both live and silent. Parking is free and two off-site parking areas are serviced by shuttle buses. www.kanapaha.org

March 24 Pollinators. Palm Coast Parks and Recreation Dept. Horticulture/Workshop Series at the Community Center Rms. 114/115. 10-11. \$10. palmcoast.gov

March 25 Annual Wildflower & Garden Festival on West Indiana Ave. in downtown DeLand. 9-3. mainstreetdeland.org

March 25 Seaside Herb Society Spring Herb Faire at Bailey Riverside Park, 1 N. Beach St., Ormond Beach. 9-2. FREE.

**March 25-26 Annual Flower and Garden Expo**. Sykes Family Farm, 5995 Brough Rd, Elkton. Sat. 9-5; Sun. 10-3. Admission: \$5 for a two-day pass. Children are free. <u>www.epicbh.org</u>

April 1 Ormond Beach Garden Club Flower Show and Tea, "Springtime in Paris", The Casements, 25 Riverside Dr., Ormond Beach. 1-3:30. Admission: \$5.

**April 1-2, 2022 Spring Fever in the Garden 20<sup>th</sup> Anniversary** by The Bloom and Grow Garden Society, Downtown Winter Garden. FREE. Sat. 9-5, Sun. 11-4. <u>www.bloomandgrowclub</u>

**April 7 First Friday Garden Walk**, Washington Oaks State Gardens, 6400 N. Oceanside Blvd., Palm Coast. 10-11. Learn about the history of the formal gardens. Admission fee to park. <u>www.washingtonoaks.org</u>

**April 8 The Garden Club at Palm Coast's Spring Festival and Plant Sale**, Flagler/Palm Coast High School, 5500 SR-100 East, Palm Coast. 9-4. FREE

**April 8** The Garden Club of Jacksonville's **10th Annual Blooms Galore & More** plant sale and artisan festival at 1005 Riverside Avenue, Jacksonville. 9-3 (Rain or Shine) Nurseries and artisans selling their unique hand-crafted items including outdoor garden art, jewelry, botanical products, fragrant candles, gourd art and more. FREE. <u>www.gardenclubofjacksonville.org</u>

**April 15 Native Plant Sale**, Paw Paw Chapter of the Florida Native Plant Society, Pigotte Community Center, 504 Big Tree Rd., South Daytona. 9-2.

**April 15-16 Seminole Bromeliad and Tropical Plant Society Sale**, Sanford Garden Club, 200 Fairmont Dr., Lake Mary. 9-4. Bromeliads, orchids, aroids, gingers, other tropical plants, handmade slat baskets. FREE.

March 2023 Newsletter. Strictly for the members of the Garden Club at Palm Coast. The Garden Club at Palm Coast is a member of National Garden Clubs (NGC) and Florida Federation of Garden Clubs (FFGC).



Our mailing address is: The Garden Club at Palm Coast PO Box 352153 Palm Coast, FL 32135-2153

> Email: info@gardenclubatpalmc oast.org Website: www.gardenclubatpalmc oast.org

Want to change how you receive these emails? You can <u>update your preferences</u> or