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**Butterfly Plants for Flagler County**

**Compiled by The Propagation Guild of**

**The Garden Club at Palm Coast**

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| *Botanical Name* | Common Name | Use | Butterfly |
| *Acer negundo (N)* | Box-elder | Larval |  |
| *Acer rubrum (N)* | Red Maple | Larval | Cecropia, Imperial, Polyphemus, Rosy |
| *Achillea millefolium (N)* | Common Yarrow | Larval/Nectar | Painted Lady |
| *Aesculus pavia (N)* | Red Buckeye | Nectar |  |
| *Agalinis fasciculata (N)* | Beach False Foxglove |  |  |
| *Ageratum spp.* | Ageratum | Nectar |  |
| *Alcea rosea* | Hollyhock |  |  |
| *Aletris lutea (N)* | Yellow Colic-root |  |  |
| *Allium tuberosum* | Garlic chives |  |  |
| *Amorpha fruticosa* | False Indigo Bush | Larval/Nectar | Southern Dogface, Gray Hairstreak, Silver-spotted Skipper |
| *Andropogon virginicus (N)* | Broomsedge Bluestem | Larval | Zabulon Skipper |
| *Antigonon leptopus* | Coral Vine |  |  |
| *Aralia spinosa (N)* | Devil’s Walking Stick |  |  |
| *Argemone albiflora (N)* | White Prickly Poppy |  |  |
| *Aristolochia tomentosa (N)* | Pipevine | Larval | Pipevine & Gold Rim Swallowtail |
| *Aristolochia elegans* | Calico Flower | Larval | Gold Rim Swallowtail |
| *Asclepias humistrata (N)* | Sandhill Milkweed | Larval | Monarch, Queen |
| *Asclepias incarnata (N)* | Swamp Milkweed | Larval | Monarch, Queen, Soldier |
| *Asclepias lanceolata (N)* | Red Milkweed | Larval | Monarch, Queen |
| *Asclepias perennis (N)* | White Swamp Milkweed | Larval | Monarch, Queen, Soldier |
| *Asclepias tuberosa (N)* | Butterfly Weed | Larval/Nectar | Monarch, Queen, Solider |
| *Asclepias verticillata (N)* | Whorl-leaf Milkweed | Larval | Monarch |
| *Asimina incana (N)* | Flag Pawpaw | Larval | Zebra Swallowtail, Pawpaw Sphinx |
| *Asimina obovata (N)* | Scrub Pawpaw | Larval | Zebra Swallowtail, Pawpaw Sphinx |
| *Asimina pygmea (N)* | Dwarf Pawpaw | Larval | Zebra Swallowtail, Pawpaw Sphinx |
| *Asimina reticulata (N)* | Netted Pawpaw | Larval | Zebra Swallowtail, Pawpaw Sphinx |
| *Asimina triloba (N)* | Common Pawpaw | Nectar | Zebra Swallowtail |
| *Aster caroliniensis (N)* | Climbing Aster | Larval/Nectar | American Painted Lady, Pearl Crescent |
| *Aster dumosus (N)* | Wood Aster | Larval/Nectar |  |
| *Aster elliottii (N)* | Elliott’s Aster | Nectar |  |
| *Baccharis halmifolia (N)* | Salt Bush |  |  |
| *Bacopa caroliniana (N)* | Blue Waterhyssop | Larval | White Peacock |
| *Bacopa monnieri (N)* | Water Hyssop | Larval | White Peacock |
| *Balduina angustifolia (N)* | Coastalplain Honeycombhead | Nectar | Gulf Fritillary |
| *Batis maritima (N)* | Saltwort | Larval | Southern White, Eastern Pigmy Blue |
| *Befaria racemosa (N)* | Tarflower | Nectar |  |
| *Bidens spp. (N)* | Beggar Ticks/Spanish Needle | Nectar |  |
| *Blechnum serrulatum (N)* | Swamp Fern | Larval | Malachite, White Peacock |
| *Boehmeria cylindrica (N)* | False Nettle | Larval | Red Admiral, Question Mark, Eastern Comma |
| *Borage officinalis* | Borage | Nectar |  |
| *Borrichia frutescens (N)* | Sea-oxeye Daisy | Nectar |  |
| *Brassica spp.* | Cabbage | Larval | Cabbage, Checkered White |
| *Buddleia officinalis* | Butterfly Bush | Nectar |  |
| *Callicarpa americana (N)* | Beauty Berry |  |  |
| *Cladium jamaicense (N)* | Saw-grass | Larval | Palatka Skipper |
| *Campsis radicans (N)* | Trumpet Creeper | Larval | Plebeian Sphnix |
| *Canna flaccida (N)* | Yellow Canna | Larval | Canna Skipper, Brazilian Skipper |
| *Carphephorus corymbosus (N)* | FL Paintbrush | Nectar |  |
| *Carphephorus odoratissimus* | Vanilla Plant | Nectar |  |
| *Carphephorus paniculatus (N)* | Deer Tongue | Nectar |  |
| *Carphephorus subtropicanus (N)* | Pineland Purple | Nectar |  |
| *Carpinus caroliniana (N)* | Hornbeam | Larval | Tiger Swallowtail, Striped Hairstreak, Red-spotted purple or White Admiral |
| *Carya glabra (N)* | Pignut Hickory | Larval | Banded Hairstreaks, Luna, Polyphemus, Royal Walnut Moth |
| *Cassia alata* | Candlestick Cassia | Larval | Cloudless Sulphur, Sleepy Orange, Orange-Barred Sulphur |
| *Cassia bahamensis* | Chapman’s Senna | Larval | Cloudless Giant Sulphur, other sulphurs |
| *Cassia fasciculata* | Patridge Pea | Larval | Cloudless Sulphur |
| *Celtis laevigata (N)* | Hackberry | Larval | Hackberry Emperor, American Snout, Tawny Emperor, Question Mark |
| *Ceonanthus americanus (N)* | New Jersey Tea | Nectar |  |
| *Chamaecrista fasciculata (N)* | Patridge-pea | Larval | Cloudless Sulphur, Gray Hairstreak, Orange Sulphur, Sleepy Orange, Little Yellow, Ceraunus Blue |
| *Chiococa alba (N)* | Snowberry | Larval | Miami Blue, Snowberry Clearwing |
| *Cephalanthus occidentalis (N)* | Buttonbush | Larval/Nectar | Titan Sphinx, Hydrangea Sphinx |
| *Cercis canadensis (N)* | Redbud | Larval |  |
| *Cestrum nocturnum* | Night Blooming Jasmine |  |  |
| *Chamaecrista fasciculata (N)* | Partridge Pea | Larval | Cloudless Giant Sulphur |
| *Chionanthus virginicus (N)* | White Fringe Tree |  |  |
| *Chrysanthemum sp.* | Shasta Daisy | Nectar |  |
| *Cirsium horridulum (N)* | Purple Thistle | Larval | Little Metalmark, Painted Lady |
| *Citharexylum spinosum (N)* | Fiddlewood | Nectar |  |
| *Citrus spp.* | Citrus | Larval | Giant Swallowtail |
| *Cladium jamaicense (N)* | Saw-grass |  |  |
| *Clerodendrum bungei* | Rose Glory Bower |  |  |
| *Clerodendrum splendens* | Flaming Glory Bower |  |  |
| *Coccoloba uvifera* | Sea Grape |  |  |
| *Conoclinium coelestinum (N)* | Mistflower Ageratum | Nectar |  |
| *Coreopsis spp. (N)* | Tickseed | Nectar |  |
| *Coriandrum sativum* | Coriander |  |  |
| *Cornus florida (N)* | Flowering Dogwood | Larval | Spring Azure Blue |
| *Cornus foemina (N)* | Swamp Dogwood | Larval | Spring Azure |
| *Cosmos spp.* | Cosmos |  |  |
| *Cratageus flava (N)* | Summer Haw | Larval | Striped Hairstreak |
| *Ctenium aromaticum (N)* | Toothache Grass | Larval | Arogos Skipper |
| *Cuphea hyssopifolia* | False Heather | Nectar |  |
| *Cuphea ignea* | Cigar Plant |  |  |
| *Dalea spp. (N)* | Dalea | Larval | Eastern Dogface |
| *Daucus carota* | Queen Anne’s Lace | Larval | Black Swallowtail |
| *Dianthus sp.* | Sweet William | Nectar |  |
| *Distichlis spicata (N)* | Saltgrass | Larval | Obscure & Saltmarsh Skipper |
| *Duranta erecta* | Golden Dewdrop |  |  |
| *Dyschoriste oblongifolia (N)* | Twinflower | Larval/Nectar | Common Buckeye |
| *Echinacea purpurea (N)* | Purple Coneflower | Nectar |  |
| *Elephantopus elatus (N)* | Elephant’s Foot | Nectar |  |
| *Eragrostis elliottii (N)* | Elliott’s Lovegrass | Larval |  |
| *Eragrostis spectabilis (N)* | Purple Lovegrass | Larval |  |
| *Eryngium aquaticum (N)* | Snakeroot - Powder Blue/Corn | Nectar | Eastern Black Swallowtail |
| *Ernygium yuccifolium (N)* | Button Snakeroot | Larval | Eastern Black Swallowtail |
| *Erythrina herbacea (N)* | Coral Bean | Nectar |  |
| *Eupatorium coelestinum* | Mistflower | Nectar |  |
| *Eupatorium rotundifolium (N)* | Roundleaf thoroughwort/False Harhound | Nectar |  |
| *Foeniculum sp.* | Fennel | Larval | Eastern Black Swallowtail |
| *Fraxinus caroliniana* | Pop Ash | Larval | Eastern Tiger Swallowtail, Mourning Cloak, Viceroy |
| *Gaillardia pulchella (N)* | Blanket Flower | Nectar |  |
| *Gamolepis chrysanthemoides* | African Bush Daisy |  |  |
| *Garberia heterophylla (N)* | Garberia | Nectar |  |
| *Gelsemium sempervirens (N)* | Carolina/Yellow Jasmine | Nectar |  |
| *Glandularia tampensis (N)* | Tampa Verbena | Nectar |  |
| *Gomphrena globosa* | Globe Amaranth |  |  |
| *Hamelia patens (N)* | Firebush | Nectar |  |
| *Hedychium coronarium* | White Ginger Lily |  |  |
| *Helianthus angustifolius (N)* | Sunflower - Narrow Leaf | Nectar |  |
| *Helianthus debilis (N)* | Dune Daisy/Beach Sunflower | Nectar |  |
| *Helianthus radula (N)* | Sunflower - Rayless | Nectar |  |
| *Helichrysum sp.* | Strawflower | Nectar |  |
| *Heliotropium arborescens* | Common Heliotrope |  |  |
| *Hibiscus coccinea (N)* | Scarlet Hibiscus | Nectar |  |
| *Hypericum sp.(N)* | St. John’s-wort |  |  |
| *Ilex cassine (N)* | Dahoon Holly | Larval | Woodland Elfin |
| *Ilex glabra (N)* | Gallberry |  |  |
| *Illicium parviflorum (N)* | Anise - Yellow | Nectar |  |
| *Ipomoea imperati (N)* | Beach Morning Glory |  |  |
| *Ipomoea pes-caprae subsp. brasiliensis (N)* | Railroad Vine |  |  |
| *Ipomopsis rubra (N)* | Standing Cypress/Flameflower | Nectar |  |
| *Itea virginica (N)* | Virginia Sweetspire/Willow | Nectar |  |
| *Jatropha integerrima* | Spicy Jatropha |  |  |
| *Juniperus silicicola* | Red Cedar | Larval | Cedar Hairstreak |
| *Justicia brangegeana* | Shrimp plant |  |  |
| *Lantana camara* | Lantana | Nectar |  |
| *Lantana depressa/involcrata (N)* | Lantana - Florida | Nectar |  |
| *Leonotus leonurus* | Lion’s Ear |  |  |
| *Leucanthemum vulgare* | Oxeye Daisy |  |  |
| *Liatris gracilis (N)* | Blazing Star/Gay Feather | Nectar |  |
| *Liatris spicata (N)* | Blazing Star/Gay Feather | Nectar | Buckeye |
| *Licania michauxii (N)* | Gopher-apple |  |  |
| *Lilium longiflorum* | Easter Lily |  |  |
| *Linaria canadensis (N)* | Canadian Toadflax | Larval |  |
| *Lindera benzoin (N)* | Spicebush | Larval | Spicebush Swallowtail |
| *Liriodendron tulipifera (N)* | Tulip Poplar | Larval | Tiger Swallowtail |
| *Lobelia cardinalis (N)* | Cardinal Flower | Nectar |  |
| *Lobelia puberula* | Purple Lobelia | Nectar |  |
| *Lonicera sempervirens (N)* | Coral Honeysuckle | Larval/Nectar | Spring Azure, Snowberry Clearwing |
| *Lycium carolinianum (N)* | Christmasberry | Nectar | Great Southern White, Gulf Fritillary |
| *Lyonia ferruginea (N)* | Rusty Lyonia | Nectar |  |
| *Lyonia lucida (N)* | Shiny Lyonia/Fetterbush | Nectar |  |
| *Magnolia virginiana (N)* | Sweet Bay | Larval | Laurel Swallowtail |
| *Malva spp.* | Mallow | Larval | Grey Hairstreak |
| *Mentha sp.* | Mint | Nectar |  |
| *Mimosa quadrivalvis var. floridana(N)* | FL Sensitive Brier | Larval | Reakit’s Blue |
| *Mimosa strigillosa (N)* | Sunshine Mimosa |  |  |
| *Monarda punctata (N)* | Dotted Horsemint | Nectar |  |
| *Morella cerifera (N)* | Wax Myrtle | Larval | Banded Hairstreak, Red-banded Hairstreak |
| *Morus rubra (N)* | Red Mulberry | Larval | Question Mark, Red Admiral |
| *Muhlenbergia capillaris (N)* | Muhly Grasss | Larval |  |
| *Myrcia cerifera (N)* | Wax Myrtle | Larval | Red Banded Hairstreak |
| *Myrcianthes fragrans (N)* | Simpson’s Stopper | Nectar |  |
| *Nepeta musinii* | Catmint | Nectar |  |
| *Oenothera laciniata(N)* | Cutleaf Evening Primrose |  |  |
| *Panicum virgatum (N)* | Switchgrass |  |  |
| *Passiflora incarnata (N)* | Passion Flower | Larval/Nectar | Gulf & Variegated Fritillary, Zebra Longwing |
| *Passiflora suberosa (N)* | Corky Passion Flower | Larval | Gulf Fritillary, Julia & Zebra Heliconian |
| *Penstemon multiflorus (N)* | Manyflower Beardtongue | Larval | Baltimore Checkerspot |
| *Pentas lanceolata* | Penta | Nectar |  |
| *Persea borbonia (N)* | FL Red Bay | Larval | Palamedes and Spicebush Swallowtail |
| *Persea palustris (N)* | Swamp Red Bay | Larval | Spicebush, Tiger, and Palamedes Swallowtails |
| *Petroselimum sp.* | Parsley | Larval | Eastern Black Swallowtail |
| *Phlox drummondii* | Phlox | Nectar |  |
| *Phoradendron scrotinum* | Mistletoe | Larval | Giant Blue Hairstreak |
| *Phyla nodiflora (N)* | Frogfruit | Larval/Nectar | Phaon Crescent, White Peacock, Common Buckeye, Hairstreaks |
| *Piloblephis rigida (N)* | Pennyroyal - FL | Nectar |  |
| *Pinus spp. (N)* | Pine trees; Sand, Longleaf, So. FL Slash | Larval | Eastern Pine Elfin, Spicebush Swallowtail |
| *Plantago lanceolata* | Plantain | Larval | Variegated Fritillary |
| *Plumbago capensis* | Plumbago | Larval/Nectar | Tropical Striped Blue |
| *Poinsettia cyathophora (N)* | Painted-leaf Poinsettia |  |  |
| *Pontederia cordata (N)* | Pickerelweed |  |  |
| *Prunus angustifolia (N)* | Chicksaw Plum | Larval/Nectar | Eastern Tiger Swallowtail, Viceroy |
| *Prunus serotina (N)* | Black Cherry | Larval/Nectar | Red-Spotted Purple, Coral Hairstreak |
| *Prunus umbellata (N)* | Flatwoods Plum | Nectar |  |
| *Psychotria nervosa (N)* | Wild Coffee | Larval |  |
| *Ptelea trifoliata (N)* | Water-ash | Larval | Giant Swallowtail |
| *Quercus laurifolia(N)* | Laurel Oak | Larval | Horace’s Duskywing, White Hairstreak |
| *Quercus myrtifolia (N)* | Myrtle Oak | Larval | Horace’s Duskywing |
| *Quercus virginiana (N)* | Live Oak | Larval | Banded Hairstreak and others |
| *Ratibida pinnata* | Yellow Coneflower | Nectar |  |
| *Rhododendron austrinum (N)* | Azalea -FL Flame | Nectar |  |
| *Rhododendron canescens (N)* | Azalea - FL Pinxter | Nectar |  |
| *Rudbeckia hirta (N)* | Black-eyed Susan | Nectar |  |
| *Ruellia caroliniensis (N)* | Wild Petunia | Larval/Nectar | White Peacock, Malachite, Buckeye |
| *Sabal palmetto (N)* | Cabbage palm | Larval | Monk Skipper |
| *Salcornia bigelovii* | Glasswort | Larval | Eastern Pygmy Blue |
| *Salix caroliniana (N)* | Willow | Larval | Viceroy, Red-Spotted Purple |
| *Salvia coccinea (N)* | Tropical Sage | Nectar |  |
| *Salvia lyrata (N)* | Lyre-leaved Sage | Nectar |  |
| *Sassafras albidum (N)* | Sassafras | Larval | Spicebush, Tiger and Palamedes Swallowtails |
| *Saururus cernuus (N)* | Lizard’s Tail | Nectar | Hairstreaks |
| *Sedum spectabile* | Sedum | Larval/Nectar | Buckeye |
| *Serenoa repens (N)* | Saw Palmetto | Larval | Palmetto Skipper, Monk Skipper |
| *Silphium spectabile* | Rosinweed | Nectar |  |
| *Sisyrinchium atlanticum (N)* | Blue-eyed Grass | Nectar |  |
| *Solidago sempervirens (N)* | Seaside Goldenrod | Nectar |  |
| *Sophora tomentosa (N* | Necklace Pod | Larval/Nectar | Sulphurs |
| *Spartina bakeri (N)* | Sand Cordgrass | Larval |  |
| *Stachytarpheta jamaicensis (N)* | Blue Porterweed | Nectar |  |
| *Stokesia laevis (N)* | Stokes Aster | Larval/Nectar | Pearly Crescent, Dainty Sulphur |
| *Tagetes spp.* | Marigold | Larval/Nectar | Dainty Sulphur |
| *Taxodium distichum (N)* | Bald Cypress |  |  |
| *Thalia geniculata (N)* | Alligator Flag | Nectar | Brazilian Skipper |
| *Thymus spp.* | Thyme | Nectar |  |
| *Tradescantia ohiensis (N)* | Spiderwort - Blue | Nectar |  |
| *Tilia americana (N)* | Basswood, Linden |  |  |
| *Tradescantia fluminensis (N)* | Spiderwort - White | Nectar |  |
| *Trifolium spp.* | Clover | Nectar |  |
| *Tripsacum dactyloides (N)* | Fakahatchee Grass | Larval | Three-spotted, Clouded, Byssus Skippers |
| *Ulmus rubra/alata (N)* | Winged Elm | Larval/Nectar | Mourning Cloak, Hackberry, Tawny |
| *Urtica spp.* | Nettle | Larval | Red Admiral, Question Mark |
| *Vaccinium arboreum (N)* | Sparkleberry | Nectar |  |
| *Vaccinium corymbosum (N)* | Blueberry - Highbush | Larval/Nectar | Striped Hairstreak |
| *Vaccinium mysinites (N)* | Blueberry - Shiny/Lowbush | Larval/Nectar | Woodland elfin, Striped Hairstreak |
| *Verbena spp.* | Verbena | Nectar |  |
| *Vernonia sp. (N)* | Iron Weed | Nectar |  |
| *Viburnum dentatum (N)* | Southern Arrowwood | Larval | Spring Azure |
| *Viburnum obovatum (N)* | Walter’s Viburnum | Nectar |  |
| *Viburnum obovatum ‘Schiller’s Delight’ (N)* | Mrs. Schiller’s Delight | Nectar |  |
| *Vicea spp.* | Vetch | Larval | Many Sulphurs & Blues |
| *Viola sororia (N)* | Florida Violet | Nectar |  |
| *Yucca aloifolia (N)* | Spanish Bayonet | Larval/Nectar | Cofaqui Giant Skipper, Yucca Giant Skipper, Great Southern White |
| *Yucca filamentosa (N)* | Yucca/Adam’s Needle/Bear Grass | Larval | Skippers |
| *Zamia integrifolia (N)* | Coontie | Larval | Atala |
| *Zanthoxylum clava-herculis (N)* | Hercule’s Club/Toothache Tree | Nectar | Giant Swallowtail |
| *Zanthoxylum fagara (N)* | Wild Lime | Larval | Giant Swallowtail |
| *Zephyranthes atamasca (N)* | Zephyr Lily |  |  |
| *Zinnia spp.* | Zinnia | Nectar |  |

**N = Florida Native**